

**8th Annual
Owatonna Rotary/Steele County Free Fair 4-Mile Run
and
Kid's 400M / 800M Runs**

August 20, 2011

Start Times: Kid's 400M / 800M Runs (12 yrs & under) - **8:15 AM**
4-Mile Run - **9:00 AM**

Sponsor: Owatonna Rotary

About the Race: The race will be held in Owatonna, MN, "*Home of Minnesota's largest County Fair*". Proceeds from this event will be used to provide scholarship opportunities for Owatonna High School Seniors through a "Strive Program" sponsored by the Owatonna Rotary. Following the race, we invite you to visit and enjoy the activities at the *Steele County Free Fair*. Last year's 7th annual run drew 405 registrants from 73 different communities covering 13 states and 4 countries.

The Course: The course will start on the high school track, proceed through residential areas on the east side of Owatonna, and finish back at the high school on the stadium track. The course is flat and fast (***The course will only remain open for one hour so you must be able to maintain a 15 min/mile pace***). Kid's 400M / 800M Runs will be held on the stadium track (7 yrs & under - 400M / 8 to 12 yrs - 800M).

Directions to High School: Take the Bridge Street exit off I-35. Head east to Grove Street (Bridge St turns into Main St at Oak Av). Turn right on Grove Street. Proceed to the south parking lot of the high school by the tennis courts. *Race Day registration and pick up of participant race numbers* will take place in the south parking lot beginning at *7:30 AM*.

Participant Gifts: T-shirt and Steele County Free Fair discount coupon(s) to all 4-Mile participants. Ribbons to all Kid's Run participants. Door prize drawings following the race.

Awards: Plaques for the first place men and women participants (overall & masters) plus age group medals to men and women: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70 and over

Advance Registration: (for 4-Mile Run)

Print out, fill in, and mail the registration form by Wednesday, August 17th to:

**STRIVE 4-Mile Run
% Barb Bergwall
Owatonna High School
333 East School Street
Owatonna, MN 55060**

Entry Fees: 4-Mile Run - Advanced Fee: **\$20.00**
- Day of Race: **\$25.00**

(* Race numbers are non-transferable and fees are not refundable ***)**

Kids 400M / 800M Runs - **\$1.00** (Race Day Registration Only: 7:30 - 8:00 AM)

Questions: Call Gary Ridge (Race Director) @ 507-451-8480
e-mail: ridge.runner@charter.net

Rotary/Steele County Free Fair 4-Mile Run Registration Form

August 20, 2011

Last Name _____ First Name _____ Sex (M / F)

Birth Date (Month/Day/Year)____/____/____ Age (on Aug 20) _____

Street Address (include apartment number and/or c/o) _____

City _____ State _____ Zip Code _____

Phone (include area code) _____

T-Shirt Size: S _____ M _____ L _____ XL _____

Waiver: I understand that running a road race is a potentially dangerous activity. I do hereby waive and release any and all claims for damages that I may incur as a result of my participation in this event against the Owatonna Rotary, Steele County Free Fair, all sponsors, employees, volunteers, or officials of these organizations. I further certify that I have full knowledge of the risks involved in this event and that I am physically fit and sufficiently trained to participate. If, however, as a result of my participation in the race, I require medical attention, I hereby give consent to authorize medical personnel on site to provide such medical care as deemed necessary.

I have read the foregoing and certify my agreement by my signature below:

Signature: _____
(parent or guardian must sign if participant is under 18 years of age)

PRINT OUT THIS FORM AND MAIL IT WITH \$20.00 Entry Fee by Wed., August 17th TO:

**STRIVE 4-Mile Run
% Barb Bergwall
Owatonna High School
333 East School Street
Owatonna, MN 55060**

Make check payable to: **Owatonna Rotary**